



# Incontinence History Questionnaire

**Therapy Junction**  
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## Patient History and Symptoms

Your answers to the following questions will help us to manage your child's care better. Please complete all pages prior to your child's appointment.

Name of parents or guardian completing this form: \_\_\_\_\_

Child's name: \_\_\_\_\_ Date: \_\_\_\_\_ Age: \_\_\_\_\_

Grade: \_\_\_\_\_ Height: \_\_\_\_\_ Weight: \_\_\_\_\_

Describe the reason for your child's appointment: \_\_\_\_\_  
\_\_\_\_\_

When did this problem begin? \_\_\_\_\_

Since that time is it: **staying the same** **getting worse** **getting better**

Name and date of child's last doctor visit: \_\_\_\_\_

Date of last urinalysis: \_\_\_\_\_

Previous tests for this condition: (Please list tests and results): \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Medications	Start date	Reason for taking
_____	_____	_____
_____	_____	_____
_____	_____	_____

Has your child stopped or been unable to do certain activities because of their condition? (For example, embarrassed to play with friends, can't go to sleepovers, feels ashamed about leakage and avoids play dates.)

**Y/N** Explain: \_\_\_\_\_

Does your child currently have or have a history of the following? Explain all "yes" responses below.

- |                              |   |
|------------------------------|---|
| <b>Y/N</b> Pelvic pain       | <b>Y/N</b> Blood in urine                       |
| <b>Y/N</b> Low back pain     | <b>Y/N</b> Kidney infections                    |
| <b>Y/N</b> Abdominal pain    | <b>Y/N</b> Bladder infections                   |
| <b>Y/N</b> Latex sensitivity | <b>Y/N</b> Diabetes                             |
| <b>Y/N</b> Allergies         | <b>Y/N</b> Neurological (brain, nerve) problems |
| <b>Y/N</b> Asthma            | <b>Y/N</b> Vesicoureteral reflux Grade _____    |
| <b>Y/N</b> Surgeries         | <b>Y/N</b> Physical or sexual abuse             |



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Y/N Other (please list) \_\_\_\_\_

Explain yes responses and include dates

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Does your child need to be catheterized? Y/N If yes, how often? \_\_\_\_\_

Ask your child to rate his/her feelings as to the severity of this problem from 0 – 10

0 \_\_\_\_\_ 10

**Not a problem**

**Major problem**

Rate the following statement as it applies to your child’s life today:

“My child’s bladder is controlling his/her life.”

0 \_\_\_\_\_ 10

**Not true at all**

**Completely true**

**Bladder habits:**

1. How often does your child urinate during the day? \_\_\_\_\_ # times per day, every \_\_\_\_\_ hours
2. How often does your child wake up to urinate after going to bed? \_\_\_\_\_ # times
3. Does your child awaken wet in the morning Y/N If yes, \_\_\_\_\_ days per week
4. Does your child have the sensation (urge feeling) that they need to go to the toilet? Y/N
5. How long does your child delay going to the toilet once he/she needs to urinate?

\_\_\_\_\_ **not at all**

\_\_\_\_\_ **11-30 minutes**

\_\_\_\_\_ **1-2 minutes**

\_\_\_\_\_ **31-60 minutes**

\_\_\_\_\_ **3-10 minutes**

\_\_\_\_\_ **hours**

6. Does your child take time to go to the toilet and empty their bladder? Y/N
7. Does your child have difficulty initiating the urine stream? Y/N
8. Does your child strain to pass urine? Y/N
9. Does your child have a slow, stop/start or hesitant urine stream? Y/N
10. Is the volume of urine passed usually: **Large** **Average** **Small** **Very small**
11. Does your child have the feeling their bladder is still full after urinating? Y/N
12. Does your child have any dribbling after urination? (ex: once they stand up from the toilet.) Y/N
13. Fluid intake (one glass is 8 oz or one cup)

\_\_\_\_\_ **# of glasses per day** (all types of fluid)

\_\_\_\_\_ **# of caffeinated glasses per day**

Typical types of drinks \_\_\_\_\_

14. Does your child have “triggers” that make him/her feel like he/she can’t wait to go to the toilet?(i.e. running water, etc.) Y/N please list: \_\_\_\_\_



Bowel habits:

15. Frequency of bowel movements \_\_\_\_\_ per day \_\_\_\_\_ per week
16. Consistency: **loose**            **normal**            **hard**
17. Does your child currently strain to go? **Y/N**            Ignore the urge to defecate? **Y/N**
18. Does your child have fecal staining on his/her underwear? **Y/N** How often? \_\_\_\_\_
19. Does your child have a history of constipation? **Y/N** How long has it been a problem? \_\_\_\_\_
20. Has your child had a recent abdominal x-ray or ultrasound due to constipation? **Y/N** If yes, what were the results? \_\_\_\_\_

**Symptom Questionnaire**

**Bladder leakage (check all that apply)**

- \_\_\_\_ Never
- \_\_\_\_ When playing
- \_\_\_\_ While watching TV or video games
- \_\_\_\_ With a strong cough/sneeze/exercise
- \_\_\_\_ With a strong urge to go
- \_\_\_\_ Nighttime sleep wetting

**Bowel leakage (check all that apply)**

- \_\_\_\_ Never
- \_\_\_\_ When playing
- \_\_\_\_ While watching TV or video games
- \_\_\_\_ With a strong cough/sneeze/exercise
- \_\_\_\_ With a strong urge to go
- \_\_\_\_ Nighttime sleep leakage

**Frequency of urinary leakage - # of episodes**

- \_\_\_\_ # per day
- \_\_\_\_ # per week
- \_\_\_\_ # per month
- \_\_\_\_ constant leakage

**Frequency of bowel leakage - # of episodes**

- \_\_\_\_ # per day
- \_\_\_\_ # per week
- \_\_\_\_ # per month
- \_\_\_\_ constant leakage

**Severity of leakage (check all that apply)**

- \_\_\_\_ no leakage
- \_\_\_\_ few drops
- \_\_\_\_ wets underwear
- \_\_\_\_ wets outer clothing

**Severity of leakage (check all that apply)**

- \_\_\_\_ no leakage
- \_\_\_\_ stool staining/streaks
- \_\_\_\_ small amount in underwear
- \_\_\_\_ complete emptying

**Protection worn (check all that apply)**

- \_\_\_\_ none
  - \_\_\_\_ tissue paper / paper towel
  - \_\_\_\_ diaper
  - \_\_\_\_ pull-ups
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